
EMILY STICKNEY

MSN, FNP-C

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HOBBIES AND INTERESTS

Reading

One-pot cooking

Cats

Travel

French

Nature walks

Herbalism

Reiki and meditation

EXPERIENCE

FAMILY NURSE PRACTITIONER – COASTAL MAINE DIRECT CARE 2023 – Present

In collaboration with Dr. Saylor, provided healthcare in the primary care setting to adults within the Direct Primary Care framework of medicine.

PRIMARY CARE REGISTERED NURSE – COASTAL MAINE DIRECT CARE 2022 – 2023

Greeted, roomed, and assessed patients, fostered a compassionate environment for patients and families, triaged patients and met their medical needs in a timely fashion, managed phone calls, emails, and texts from patients and their families, maintained electronic health records, reviewed patient test result information, collected, and processed lab specimens from patients as needed.

MEDICAL/SURGICAL REGISTERED NURSE – MAINE HEALTH 2021 - 2023

Provided inpatient care to a variety of medical/surgical patients. Performed physical patient evaluations, collected patient health history, counselled and educated patients on their treatment plan, administered medications and wound dressing changes, and consulted with providers to decide on best treatment options.

DETOX REGISTERED NURSE – PINETREE RECOVERY CENTER AND MILESTONE RECOVERY 2017 – 2021

Administered appropriate nursing care while establishing personal rapport and compassionate dialogue with patients actively detoxing from drugs and alcohol

PHILOSOPHY

Physical, mental, social and spiritual needs are all aspects that affect overall health. I believe in treating the whole person and meeting them where they are at with their health journey. One size fits all medicine is not only poor practice but is also unethical.

REFERENCES

Available upon request

SOFT SKILLS

Time management

Communication

Collaboration

Accountability

Creativity

Resourcefulness

EDUCATION

MASTER OF SCIENCE IN NURSING

Saint Joseph's College of Maine
Graduated summa cum laude

BACHELOR OF SCIENCE IN NURSING WITH DOUBLE MINOR IN BIOLOGY AND HOLISTIC HEALTH

University of Southern Maine
Graduated cum laude
Awarded Robert Masterson Critical Care Nursing Award

BOARD CERTIFICATIONS

American Academy of Nurse Practitioners
Certified 2023

